

WATER AEROBICS INSTRUCTOR

JOB PURPOSE:

The Water Aerobics Instructor position is responsible to maintain a positive, inviting and safe workout in a group class setting.

REPORTING STRUCTURE:

• The Water Aerobics Instructor reports to the Chief Operating Officer.

JOB DUTIES AND RESPONSIBILITIES:

- Be able to instruct a 45-minute water aerobics style class for members of all abilities on pool deck and in pool.
- Must be able to safely instruct using water dumbbells, boards and other pool safe equipment
- Build positive relationships with DACC members and DACC staff.
- Support the group exercise program by maintaining a fun and inviting class setting.
- Ensure the safety, security, and cleanliness of the pool and aquatics area.

All other duties as assigned

HOURS / SCHEDULE:

- This is a part-time / hourly position.
- Water Aerobics classes are held Monday, Wednesday and Friday mornings.
- This position is not a paid time off position.

EDUCATION AND CERTIFICATIONS:

- Health/wellness instructor certifications required from accredited area such as but not limited to AFAA, NETA, FiTOUR, ACSM, ASFA, AEA, ACE
- Current CPR/AED certification is required.
- This position requires appropriate clearances including child abuse and criminal records background checks.

EXPERIENCE, KNOWLEDGE, SKILLS, AND ABILITIES:

- Experience positively working with customers.
- Fitness/recreation experience
- Experience developing programs for all fitness levels
- Experience in the safety, security, and cleanliness of a facility.

WORKING CONDITIONS:

- This position requires the ability to plan classes, familiarize themselves with equipment and the space of class location ie pool area, group exercise studio, etc.
- This position requires the ability to utilize technology mic, AV equipment, etc.
- One facet of the DACC is that it is a fitness and recreation facility. This position
 requires someone to be able to move about the facility, use the stairs, and understand
 how the equipment is utilized.